

Women, Infants and Children

WIC

Program Description:

WIC is a nutrition program that helps pregnant women, new mothers, and young children eat well, learn about nutrition and stay healthy. Sixty-seven percent of all infants born in our counties receive WIC services. Services are provided for medically or nutritionally at-risk low-income pregnant women, breast feeding postpartum women, infants, and children to age five years. WIC clients receive supplemental food vouchers, nutritional education, counseling and referrals for on-going health care needs. Seventy three percent of the households receiving WIC have at least one working family member and earn incomes below or at the federal poverty level.

Delivery Measures:

- 720 clients – state authorized caseload
- 810 clients - average clients on the caseload to meet WIC participation standards
- CDHD WIC supplies approximately 28,000 gallons of milk, 12,113 cartons of eggs, and 11,965 pounds of cheese to families in our counties.
- About \$464,000 enters our local economy from the CDHD WIC program.
- CDHD served approximately 1,247 unduplicated individuals in WIC.
- CDHD serves about 20% of the total local WIC population.

Notes & Updates:

- Staff maintained 100% of the state authorized caseload of 720.
- The state WIC program expectation is for Chelan Douglas Health District to serve 98-103% of the 720 authorized WIC caseload, on a monthly basis.
- CDHD received one time funding, in the amount of \$1,378 for WIC nutrition educational materials and staff training in 2006.
- The 2006 annual reimbursement rate per client was \$116.
- Staff continues to evaluate this program for quality improvements.

Challenges:

Maintaining 98%-103% delivery of WIC services to the state authorized caseload.

